

PREFERABILITY OF GREEN AREA USAGE HAVING THE URBAN FOREST POTENTIAL IN THE EXAMPLE OF TRABZON CITY CENTER

Hilal KAHVECİ^{1,*}, Nilgün GÜNEROĞLU²

¹Bilecik Şeyh Edebali University, Faculty of Fine Arts and Design, Department of Interior Architecture and Environmental Design, Bilecik, Türkiye

²Karadeniz Technical University, Faculty of Forestry, Department of Landscape Architecture, Trabzon, Türkiye

Corresponding author: hilal.kahveci@bilecik.edu.tr

Hilal KAHVECİ: https://orcid.org/0000-0002-4516-7491 Nilgün GÜNEROĞLU: https://orcid.org/0000-0002-0825-0405

Please cite this article as: Preferability of green area usage having the urban forest potential in the example of Trabzon city center. *Turkish Journal of Forest Science*, 6(2), 440-456.

ESER BILGISI / ARTICLE INFO

Araştırma Makalesi / Research Article Geliş 8 Haziran 2022 / Received 8 June 2022 Düzeltmelerin gelişi 21 Ekim 2022 / Received in revised form 21 October 2022 Kabul 21 Ekim 2022 / Accepted 21 October 2022 Yayımlanma 31 Ekim 2022 / Published online 31 October 2022

ABSTRACT: The rate of unplanned urbanization has increased with modern industrialization and the increase in migration from rural to urban areas, and as a result, people have been exposed to environmental problems (decrease in natural resources, noise, pollution, etc.). With deteriorations such as irreversible environmental problems, loss of mental and physical health of the city-dwellers a decrease in productivity in business life and difficulties in socialization have occurred, which has made green infrastructure systems in and around cities important. In this context, urban forests, which is an important part of the urban green infrastructure system, were discussed. In the study, a survey was conducted with a group of 130 people and primarily the awareness of the citizens about the open space recreation tendencies and the concept of the urban forest was specified. Then, the preferability of the 100. Yıl Park, Atatürk Mansion and Boztepe forest areas, which are in the green area system of Trabzon city as urban forests was discussed. Obtained data were evaluated as recreational and functional in line with the needs of people. Consequently, it has been emphasized that the urban forests planned with ecological design approaches should be given priority in the city of Trabzon.

Keywords: Green area, urban forest, recreation, Trabzon

TRABZON KENT MERKEZİ ÖRNEĞİNDE KENT ORMANI OLABİLECEK YEŞİL ALAN KULLANIMLARININ TERCİH EDİLEBİLİRLİĞİ

ÖZET: Modern endüstrileşme ve kırsaldan kentlere göç artışı ile çarpık kentleşme oranı yükselmiş, bunun sonucunda ise insanlar çevresel problemlere (doğal kaynakların azalması, gürültü, kirlilik vb.) maruz kalmıştır. Geri dönüşü mümkün olmayan çevresel sorunlar ile kentlilerin ruh ve beden sağlığının kaybedilmesi, iş yaşamında verimliliğin azalması ve sosyalleşmede güçlükler gibi bozulmalar meydana gelmiş bu durum kent içi ve yakın çevresindeki yeşil alt yapı sistemlerini önemli kılmıştır. Bu bağlamda kentsel yeşil altyapı sisteminin önemli bir parçası olan kent ormanları konusu ele alınmıştır. Çalışmada 130 kişilik bir kullanıcı grubuyla anket çalışması gerçekleştirilmiş ve öncelikli olarak kent halkının açık alan rekreasyon eğilimleri, kent ormanı kavramı konusundaki farkındalıkları ölçülmüştür. Daha sonra Trabzon kenti yeşil alan sisteminde yer alan 100. Yıl Parkı, Atatürk Köşkü ve Boztepe ormanlık alanlarının kent ormanı olarak tercih edilebilirliği sorgulanmıştır. Elde edilen veriler insanların gereksinimleri doğrultusunda rekreasyonel ve fonksiyonel olarak değerlendirilmiştir. Sonuç olarak Trabzon kenti özelinde ekolojik tasarım yaklaşımları ile planlanan kent ormanlarına öncelik verilmesi gerekliliği vurgulanmıştır.

Anahtar kelimeler: Yeşil Alan, kent ormanı, rekreasyon, Trabzon

INTRODUCTION

Cities have become places where air and water resources are polluted and climate changes and floods and erosion are seen due to unplanned urbanization and intense population pressures. In cities, where large amounts of energy are used and carbon dioxide is released into the atmosphere uncontrollably, the increase in population and geographical area accelerates fossil fuel consumption. The significant increase in greenhouse gases causes global warming. Plants are the most important elements that prevent global warming by consuming CO_2 from the air and converting it to biomass (Görcelioğlu 1999; Eroğlu et al., 2005). Considering that approximately 50% of the world's population lives in urban areas and this rate will double by two-thirds in 2050 (Dihkan, et al., 2018; Esringü et al., 2021), it is inevitable that environmental problems will increase and this will decrease the amount of green space per capita in urban areas. For these reasons, there is a need to increase green areas for the sustainability and livability of cities in the world (Tabassum et al. 2020; Ekren 2021).

The issue of open green space per capita in urban systems is still being discussed. In the twentieth century, experts from Germany, Japan and other countries recommend high quality 40 m² urban green area per capita or 140 m² forest area in the city periphery to achieve the carbon dioxide and oxygen balance that will provide the ecological balance of human health. Currently, developed countries are trying to implement the general standard of 20 m² green park area per capita (Singh et al. 2010). According to a regulation issued in 1999, the amount of green space per capita should be 10 m² (Ortaçeşme et al. 2005), while the average green area per person in cities in Turkey is 1.2 m² (Turna, 2017). When we look at some cities in developed countries, the amount of green space per capita is 37 m² in Berlin, 125 m² in Vienna, 144 m² in Edinburgh, and 5 m² in Istanbul. This rate is obviously quite low.

Urban green spaces fulfill the functions such as cleaning the air, providing climate, wind and erosion control, creating a pollen source, bringing nature into the city by making wildlife a part of the city (Tülek and Mirici 2019; Güneroğlu and Pulatkan, 2021; Sarı, 2021; Ekren and Çorbacı, 2022). In addition, urban green spaces reduce the effect of heat islands with their cooling effects and control environmental pressures (Hamada and Ohta 2010; Cohen et al. 2012). Considering the social benefits, it also has the potential to improve physical and mental health by reducing stress, crime and violence tendencies, improving health services and reducing aggressive behavior (Karaşah 2020). Considering all these functions, it is inevitable that cities and their immediate surroundings should be planned with green infrastructure systems. Parks, street and road plantings, green textures in public spaces, school and campus gardens, botanical gardens and urban forests are the most important parts of green infrastructure systems.

The urban forest and urban forestry refer to the whole of activities that contribute to the economic, social, cultural, and aesthetic values of the people within the urban green infrastructure systems. With urbanization, the concept of urban forestry has started to gain more importance. Especially since the 90s, learning of environmental and social benefits of trees by individuals living in the city, considering forest areas with urban planning, support of urban forests on ecology, balancing the relations between urban and urban periphery forests have accelerated the development of urban forests and urban forestry. Protection, planning and management of forests in urban environments and determination of the legal framework for urban forests and urban forestry constitute the most important activities related to urban forestry (Dirik and Ata, 2005; Yilmaz et al. 2009). With effective planning and management, urban trees and forests provide city-dwellers with a more beautiful, healthy and comfortable green environment to live and work in (Dwyer et al. 1992). The creation and management of urban forests to ensure sustainability is the long-term goal of urban foresters (Clark et al. 1997). Creating forests, planting trees and the management plans of these areas have been evaluated as a tool for environmental, social, and economic development in many cities. In the early days, urban forestry was considered as a landscape element that complemented the city and a source of income, but today it is also evaluated in terms of ecosystem services such as preventing air and sound pollution and regulating microclimate (Sağlam and Özkan 2011). Urban forests are defined as areas that are created naturally or artificially in the city or its immediate surroundings, that contribute to the physical environment of the city aesthetically and functionally, that have recreational opportunities for the socialization of the city-dwellers, that can be reached by foot or vehicle (Uslu and Ayaşlıgil, 2007). Another definition is that they are forest areas in cities and their immediate surroundings that can form forest formations, protected or formed by vegetation, within the transportation distance that the city-dwellers can benefit from and large enough to ensure the continuity of ecosystems (Yılmaz et al. 2006). As a result of these definitions, it can be said that urban forests are green areas that improve urban landscapes aesthetically and functionally and provide an image for cities to gain identity (Yılmaz et al. 2009). In addition, direct or indirect contributions of urban forests to urban ecosystems should not be forgotten. In this context, the contributions of urban forests to cities can be classified as social and aesthetic, ecological and engineering, and economic.

In this study, urban forests, which have healing properties for urban ecosystems and provide many benefits to society, were discussed in the city of Trabzon. Although there is currently no area as an urban forest in the city of Trabzon, 3 different open green areas having urban forest potential were selected as the working area. Accordingly, it was aimed to reveal the awareness and views of the individuals living in the city of Trabzon regarding the concept of urban forest

in their use of urban green areas, the preference for these areas as urban forests and the opportunities of these areas.

MATERIALS AND METHODS

Study Area

Located in the Eastern Black Sea region of Turkey, Trabzon is a coastal city with the provinces of Rize in the east, Giresun in the west, Gümüşhane and Bayburt in the south. The population of the city with an area of 4685 km² is 813684. The city, which receives precipitation in all seasons of the year, has a Black Sea climate with hot summers and mild winters. The sudden rise of the mountains from the coast prevents the transmission of precipitation to the interior; therefore, climatic differences occur in the city. On the slopes facing the Black Sea, pseudomaquis vegetation like the vegetative characteristic of the Mediterranean region is observed up to 500 m altitude. Then, in the region up to 1000-1200 m altitude, forests consisting of deciduous trees such as beech, hornbeam and chestnut dominate. Up to 2000 m altitude, forests consisting of coniferous trees dominated by spruce plants are seen (Anşin, 1980; Acar et al., 2014).

The mountains rising parallel to the coast also cause the linear development of the city in the east-west direction (Dikhan et al., 2017). With the increase in the population of the city in recent years, the development of the city in the south direction has gained momentum. Although Trabzon is a city that draws attention with its green texture, the amount, size, and connectivity of green areas within the urban texture are not sufficient (Güneroğlu et al., 2013). The imbalance between construction and the amount of green texture negatively affects the urban ecosystem (Öztürk and Elmalı Şen, 2021). Green areas should be increased in the city for both ecological and social purposes and should be planned in an interconnected way. Considering the rate of urbanization, the need for recreational coasts and open green spaces is increasing day by day. With the urban renovation works carried out in the city center, it is aimed to bring green texture to the city and recreational areas for the city-dwellers (Güneroğlu and Pulatkan, 2021). Every part of the existing urban green systems in the city of Trabzon is of great importance for urban health. Accordingly, the 100. Yıl Park, Atatürk Mansion forestry and Boztepe forestry, which have the potential to be evaluated as an urban forest in Trabzon, are considered as working fields (Figure 1).



Figure 1. Study areas

Method

The study consists of a literature review, fieldwork, results and discussion and conclusion sections. In the study, it was aimed to evaluate the study areas that have the potential to become an urban forest by examining the urban forest awareness of the dwellers of Trabzon (Figure 2). For these purposes, a literature review was conducted on the subject and working fields. Observation, photographing and field surveys were carried out by visiting the study areas in 2021. During the fieldwork, information regarding the spatial characteristics of the areas such as size, location, transportation, parking, presence of social areas, recreational facilities, equipment, usage assets, main plant elements and historical structure was examined. According to the formula of Kalıpsız (1981), the number of survey participants was determined as 73 at the 95% confidence interval, considering the population of Trabzon Ortahisar. In order to increase the level of reliability, survey study was conducted with a group of 130 field users.

$$n = \frac{Z^2 N P Q}{N D^2 + Z^2 P Q}$$

 $n = \text{Sample size} \\ Z = \text{Confidence coefficient (1,96)} \\ P = \text{The probability that the property to be measured will be found in the mass (%95)} \\ Q = 1-P (0,05) \\ N = \text{Main mass size (27631)} \\ D = \text{Accepted sampling error (%5)}$

In the first part of the survey study consisting of three parts, the socio-demographic characteristics of the subject group and the use cases of the study areas that have the potential to be urban forests were determined by questioning 11 multiple choice questions. In the second part, the level of knowledge and awareness of the users about urban forests was evaluated by questioning the level of participation to the definitions given. In the last part, with 10 questions, the reasons for choosing work areas that have the potential to be urban forests in Trabzon were questioned. Again, in this section, with 16 questions, the possibilities that the study areas have when they are evaluated as urban forests were investigated. In addition, the potentials of 3 different selected working areas to become urban forests were compared. In the second and third parts of the survey, participation to the statements was determined by using the 5-grade "Likert Attitude Scale" representing the statements "I strongly disagree", "I do not agree", "I have no idea", "I agree", "I strongly agree". The survey, which was evaluated by people who know and use the areas, was carried out in a digital environment, not face-to-face, due to the pandemic. All the results obtained were converted into numerical data and evaluations were made.



Figure 2. Flow chart.

RESULTS AND DISCUSSION

In the study, the awareness of the city-dwellers about the urban forests was examined, and the preferability of the selected working areas in the city of Trabzon as urban forests and the opportunities they had were investigated. The findings are given below.

Table 1 was prepared according to the spatial characteristics of the areas during the fieldwork. It has been determined that while the 100. Yil Park are among the top positions in terms of size, Atatürk Mansion forestry has the smallest area. In terms of location, Atatürk Mansion forestry are the farthest area from the city center, while the closest area to the center is the Boztepe forest area. The most important features of urban forests are that they are close to the city center and accessible (Uslu and Ayaşlıgil, 2007). When evaluated from this point of view, it is seen that all areas are on public transport routes, and they can be easily reached by minibuses and buses. In terms of parking facilities, the 100. Yıl Park is in the first place due to the presence of a shopping mall near to it. However, during the fieldwork, it was observed that the parking lots are insufficient due to the intense usage of the city-dwellers in the spring and summer seasons, and the green areas and roadsides are used as parking areas. Although there is a parking lot near the Atatürk Mansion forest, this parking lot is mostly used by the visitors of the Atatürk Mansion. It has also been determined that the visitors coming to the forest area use the roadsides as parking lots. The parking lot located near the Boztepe forest area cannot provide sufficient parking for the users of the area. While there are general recreational opportunities for sitting, resting, playing, taking photos in the areas, walking and picnicking in the 100. Yil Park, viewing and cultural opportunities in the Atatürk Mansion forest and Boztepe forest are at the forefront. Recreational activities are attractive opportunities for urban forests. In addition, it should be ensured that the field equipment is maintained and renewed when necessary (Cengiz and Ertem Mutlu, 2017). While there is no field equipment in Atatürk Mansion and Boztepe forest areas, 100. Yil Park is considered to be quite well equipped with the equipment. In terms of usage assets, it has been evaluated that the 100. Y1 Park has the area with the most usage assets, while Atatütk Mansion and Boztepe forest areas do not have these opportunities. When evaluated in terms of green elements, tall tree species were taken into account in the fields. Species diversity is low but tree density is high in Atatütk Mansion and Boztepe forest areas. It is seen that especially evergreen trees are in the foreground in these areas. In the one area, there are wooded areas with broad-leaved plants and evergreen plants. In the forest area of Atatürk Mansion, plant losses have occurred due to aging, neglect and compaction in the soil. For this reason, after 2018, improvement works were started by creating mixed forests with natural evergreen and deciduous plant species such as hornbeam, beech, linden, elm, maple, and cedar (Turna et al., 2021). Atatürk Mansion Forest is located near the Atatürk Mansion, and the Girls Monastery and Ahi Evrene Dede Mosque are located in the immediate vicinity of the Boztepe forest area.

| Spatial Features | 100. Yıl Park | Atatürk Mansion Forest | Boztepe Forest | | |
|-----------------------------------|---|---|---|--|--|
| Size | 7.2 ha | 2.5 ha | 3.7 ha | | |
| Urban location | It is 3.9 km away from the city center, in the Development District, in the east of the city, at an altitude of 25 m. | It is 5.8 km away from the city center, in the Soguksu neighborhood, in the southwest of the city, at an altitude of 400 m. | It is 2.5 km away from the city center, in Boztepe District, in the south of the city, at an altitude of 160 m. | | |
| Public transport route | Minibus and bus stops available around the area | Minibus and bus stops available around the area | Minibus and bus stops available around the area | | |
| Parking | Parking available near the field | Parking available near the field and roadsides are used as parking lots. | Parking available near the field | | |
| Neighborhood social area | Mall, University, Airport | Tea Garden | 5 Star Hotel, Tea Garden | | |
| Recreational opportunities | Sitting, Relaxation, Picnic, Play, Hiking, Photographing | Sitting, Relaxation, Picnic, Playing, Culture, Photographing, View | Relaxation, Picnic, Play, Culture, Photographing, View | | |
| Field equipment | Floors, lighting elements, seating units, signs and information signs, barbecue, fountains, garbage cans | - | - | | |
| Usage asset | Playgrounds, buffet, restroom | - | - | | |
| | Platanus orientalis L., | | | | |
| | Populus tremula L., Fagus orientalis L., | Picea orientalis , | Picea orientalis (L.)Link." Pinus pinea L., Pinus sylvestris L., | | |
| Plant elements | Cupressus arizonica Greene, Picea orientalis | (L.)Link., <i>Pinus</i> sylvestris L., | Pinus pinaster Ait., | | |
| | (L.)Link., Cedrus deodora G.Don, Cedrus libani A.Rich, Laurocerasus officinalis L., Sequoia sempervirens Endl., Phoenix canariensis Chabaud | Sequoia sempervirens Endl., | Populus tremula L., Acer negundo L., Fraxinus angustifolia Vahl, Robinia pseudoacacia L. | | |
| Nearby historical structure | - | Atatürk Mansion | Girls Monastery, Ahi Evren Dede Mosque | | |

Table 1. Spatial Features of Study Areas

Acording to survey results socio-demographic status of the participants (age, gender, marital status, education, occupation, income level) are given in Table 2. According to Table 2; 55%

of the participants are women and 45% are men. 61% of the participants are married and 39% are single. 27% of the participants are civil servants, 23% are between the ages of 26-35 and 47% are university graduates.

According to the surveys conducted on the usage habits of study areas that have the potential to be urban forests, the frequency of going to the study areas with 42% was determined as "several times a month". In the literature, the frequency of going to the urban forests was evaluated as several times a month with a rate of 73% (Uzun and Müderrisoğlu, 2007), and 1-3 times a year with a rate of 32.4% (Çay, et al., 2020). Karaşah (2017) stated that Kafkasör Urban Forest is the most preferred recreational area in Artvin. In the study of Tolunay et al., (2004) on the evaluation of Gölcük Nature Park as an urban forest, it was determined that 65.9% of the users went to the area with their families (87.1%) at weekends with their private vehicles (98.6%). In this study, it was obtained that the mode of transportation of 49% of the users to the study areas is "Private vehicle", 48% of the users go to the study areas at "Weekends", 40% of the users go to the study areas "with friends" and 45% of them go to the study areas in "Summer". The results were given in Table 2.

| Features | Definitions | Number of people | Percentage (%) |
|--|-----------------------|---------------------|----------------|
| Gender | Female | 72 | 55 |
| Genuer | Male | 58 | 45 |
| Marital status | Married | 79 | 61 |
| | Single | 51 | 39 |
| Age | 15-25 | 23 | 18 |
| | 26-35 | 30 | 23 |
| | 36-45 | 17 | 13 |
| | 46-55 | 27 | 21 |
| | 56-65 | 20 | 15 |
| | 66 years and older | 13 | 10 |
| Education | Primary school | 8 | 6 |
| | Middle school | 3 | 2 |
| | High school | 24 | 19 |
| | University | 61 | 47 |
| | Graduate | 34 | 26 |
| Occupation | Unemployed | 7 | 5 |
| - | Student | 29 | 22 |
| | Civil servant | 35 | 27 |
| | Employee | 14 | 11 |
| | Housewife | 11 | 9 |
| | Retired | 9 | 7 |
| | Other | 25 | 19 |
| Income | 1000 TL or less | 26 | 20 |
| | 1001-2000 TL | 15 | 12 |
| | 2001-3000 TL | 12 | 9 |
| | 3001-5000 TL | 29 | 22 |
| | More than 5001 TL | 48 | 37 |
| Frequency of going to study areas that have the | 1-2 times a week | 19 | 15 |
| potential to become urban forests | 3-4 times a week | 10 | 8 |
| | Several times a month | 55 | 42 |
| | Several times a year | 46 | 35 |
| The mode of transportation to the study areas that | on foot | 19 | 15 |
| have the potential to be urban forests | by bike | 2 | 2 |
| | by private vehicle | 64 | 49 |
| | by taxi | 3 | 2 |
| | by bus | 42 | 32 |
| Time to use study areas that have the potential to | Weekdays | 23 | 18 |
| become urban forests. | Weekend | 62 | 48 |
| | Changes | 45 | 34 |
| With whom he/she goes to areas that have the | Alone | 5 | 4 |
| potential to be urban forests. | with family | 38 | 29 |
| | with friends | 52 | 40 |
| | Mixed | 35 | 27 |
| Season when he/she goes to areas that have the | Winter | 6 | 5 |
| potential to be urban forests. | Spring | 42 | 32 |
| | Summer | 59 | 45 |
| | Autumn | 23 | 18 |

Table 2. Socio-demographic status and usage habits of users

32% of users preferred to define the urban forest as "the green areas that enable the citydwellers to rest and meet the need for natural areas", 30% as "green areas in the city center and its immediate surroundings consisting of tall plant communities" (Table 3). The least chosen definition of the urban forest with the rate of 12% is "areas where timber needs are met". In the study conducted by İnanç (2019), 80% of the participants chose the definition: wooded areas with social and environmental functions for users. Similarly, in the study conducted by Kiper and Öztürk (2011) urban forests, with a rate of 47%, were defined as wooded areas that allow the city-dwellers in and around the city to rest and have fun. When the urban forest awareness of the users is evaluated, this study has similar results with the literature.

| Definitions | Strongly disagree (%) | Disagree (%) | No idea (%) | Agree (%) | Strongly agree (%) |
|---|-----------------------------|-----------------|----------------|--------------|--------------------------|
| They are green areas in the city center and | | | | | |
| its immediate surroundings consisting of | 12 | 16 | 0 | 42 | 30 |
| tall plant communities. | | | | | |
| They are green areas that can be reached | | | | | |
| in a short distance and that have | 7 | 14 | 0 | 51 | 28 |
| recreational activities. | | | | | |
| They are green areas that enable the city- | | | | | |
| dwellers to rest and meet the need for | 9 | 0 | 3 | 56 | 32 |
| natural areas. | | | | | |
| These are areas where timber needs are | 56 | 30 | 2 | 0 | 12 |
| met. | 50 | 50 | 2 | 0 | 12 |
| They are areas that create habitats for | 23 | 14 | 14 | 31 | 18 |
| wildlife. | 23 | 14 | 14 | 51 | 10 |

When the level of participation of the users in the definitions regarding the functions of urban forests is questioned; "It contributes to the health of the city-dwellers." with a rate of 68%. ranks first, then "It improves the urban climate and air quality." with 63% and "It creates visual beauties in the city." with 61% were found to be the second and third choices. The functions "It provides recreational services to the city-dwellers." and "It conserves biodiversity in the city." with the rates of 54% were also evaluated as important (Table 4). Since urban forests are one of the most important parts of urban green space systems, they provide many services to their cities and city-dwellers. There are many studies proving that urban forests are very important for both the psychological and physical health of urban users (Li, 2010; Mao, et al., 2012; Zhou, et al., 2019; Park, 2022). In these studies, it is also seen that urban forests are effective in curing chronic diseases, depression and anxiety. In addition, it has been determined that it has positive effects on pulse rate and stress hormone level. In addition, the positive effects of urban forests on the climate and air quality of cities cannot be ignored. Green areas consisting of trees rather than grass surfaces are of great importance in reducing urban heat island effects. Hamada and Ohta (2010) carried out temperature measurements in green areas and urban environments at different times of the year in the city of Nogaya. Their results show that urban green spaces prevent heat generation and regulate air quality. In another study, 62 different green areas in Leipzig, Germany were examined and it was found that urban forests provide higher maximum temperature differences and cooling distances than parks (Jaganmohan et al., 2016). When all these studies are taken into account, it is seen that the benefits of urban forests are similar to those in the literature.

| Functions | Strongly disagree (%) | Disagree (%) | No idea (%) | Agree (%) | Strongly agree (%) |
|---|-----------------------------|-----------------|----------------|--------------|--------------------------|
| It improves the urban climate and air quality. | 7 | 0 | 0 | 30 | 63 |
| It ensures the protection and use of water resources | 7 | 5 | 7 | 44 | 37 |
| in the city. | , | 5 | , | | 51 |
| It protects city lands. | 7 | 0 | 9 | 46 | 38 |
| It helps to rehabilitate the idle areas in the city. | 9 | 7 | 16 | 38 | 30 |
| It conserves biodiversity in the city. | 5 | 5 | 2 | 34 | 54 |
| It creates a habitat for wildlife in the city. | 9 | 5 | 9 | 42 | 35 |
| It creates visual beauty in the city. | 4 | 5 | 0 | 30 | 61 |
| It contributes to the health of the city-dwellers. | 5 | 0 | 2 | 25 | 68 |
| It creates an environment for environmental education of the city-dwellers. | 5 | 9 | 9 | 45 | 32 |
| It provides recreational services to the city-dwellers. | 5 | 0 | 2 | 39 | 54 |
| It contributes to the nutritional needs of the city-dwellers. | 12 | 18 | 16 | 31 | 23 |
| It contributes to the raw material needs of the city. | 18 | 14 | 14 | 31 | 23 |
| It contributes to the tourism of the city. | 2 | 12 | 0 | 37 | 49 |

| Table 4. The level of participation of users in the definitions of urban forest func |
|---|
|---|

In the survey conducted on the reasons for the users for the preference of study areas that have the potential to become urban forests, it was determined that the study areas were preferred by 44% for the purposes of resting and getting fresh air (Table 5). In addition, it was determined that 40% use the study areas for socializing, 37% for walking and 35% for having fun. The reasons for taking photographs and examining nature with a rate of 30% were also among the other important reasons in the preference of study areas. In the study conducted by Kurdoğlu and Duzguneş (2011) on urban forests, it is seen that the primary activity of the users in the urban forest is to relax with a rate of 51.2%. Again, there are many studies that have determined that urban forests are used for socializing, doing sports and having fun (Tomićević-Dubljević et al., 2017; Gerstenberg et al., 2020). When the results are evaluated from this point of view, this study again presents similar results with the literature.

| Activity Opportunities | Strongly disagree (%) | Disagree (%) | No-idea (%) | Agree (%) | Strongly agree (%) |
|---|-----------------------------|-----------------|----------------|--------------|--------------------------|
| I use the study areas in Trabzon for picnics. | 12 | 9 | 5 | 56 | 18 |
| I use the study areas in Trabzon for socializing. | 2 | 16 | - | 42 | 40 |
| I use the study areas in Trabzon for resting. | 2 | 5 | - | 49 | 44 |
| I use the study areas in Trabzon for photographing. | - | 21 | 5 | 44 | 30 |
| I use the study areas in Trabzon for examining nature. | - | 14 | 11 | 45 | 30 |
| I use the study areas in Trabzon for walking. | 5 | 7 | - | 51 | 37 |
| I use the study areas in Trabzon for sports. | 7 | 23 | 5 | 49 | 16 |
| I use the study areas in Trabzon for research. | 9 | 28 | 5 | 42 | 16 |
| I use the study areas in Trabzon for having fun. | 7 | 9 | 3 | 46 | 35 |
| I use the study areas in Trabzon for getting fresh air. | - | 5 | 2 | 49 | 44 |

Table 5. Reasons for users to prefer study areas

When the preference rate of the areas selected as the study area in the research as the urban forest was questioned, 100. Y1l Park got the highest value with 72%, Atatürk Mansion Forest area was the second with 68%, and Boztepe forest area was the third preferred area with 66% (Figure 3).



Figure 3. Preference rates of study areas as urban forest

In this research, the opportunities of study areas that have the potential to be urban forests were evaluated separately for each selected area (Figure 4). Each opportunity, which is an evaluation criterion, is expressed with sentences containing positive judgment. For this reason, the positive responses (4-5) given to the questions were taken into account while making the evaluation. According to this evaluation; 100. Yil Park with 24% was chosen as the area closest to the city center. In terms of easy accessibility, 100. Yıl Park was preferred with a rate of 24%, while 100. Yıl Park received the highest value in terms of parking facilities with a rate of 27%. A place gains value with its accessibility, and the accessibility of the place increases the number of users. For these reasons, accessibility is one of the important reasons for the preferability of places (Yılmaz et al., 2009). As 100. Yıl Park is the most accessible place, this is one of the most important factors in its preference as the urban forest. The safest area was chosen as 100. Yıl Park (21%). Security is the second most basic human need. In addition to individual security, the safety of the living environment depending on environmental factors that directly affect the person should also be ensured. The perception of security is very effective on the choice and use of the place (Çelik, 2018). The safety factor is also among the important parameters in the preference of the spaces. The urban forest with the best environmental cleanliness was determined as Atatürk Mansion with 22% and 100. Yıl Park with 21%. While Atatürk Mansion with 24% and Boztepe with 23% were chosen as the best area in terms of air quality, the Boztepe with 25% and Atatürk Mansion with 24% were chosen as the most important areas for their natural and scenic beauty. Atatürk Mansion with 23% and Boztepe with a rate of 22% were considered as the foreground areas for walking and photographing. These two areas, located at a high altitude in the city, have viewpoints of the city and sea. For this reason, the activities of photographing and walking were also preferred with high percentages for these two areas. The area showing the highest percentage in terms of sports activities is 100. Yıl Park with a rate of 27%. The 100. Yıl Park is on the seafront and the slope is not very steep. Deciduous species dominate as vegetation in the area. For these reasons, it is suitable for many activities such as running, cycling, skateboarding, jumping rope, playing ball and kite flying. Atatürk Mansion (24%) was preferred as the quietest and calmest area. Plants in the Atatürk Mansion (23%) was found to be healthy and well-maintained. In terms of historical and cultural values, Atatürk Mansion has the highest percentage with 35%. As a result of the evaluation in terms of playgrounds, 100. Yıl Park with 27% received the best percentage. 100. Yıl Park (23) was determined as the most preferred area in terms of field equipment. The aesthetic features of the field equipment, which add character to the spaces with their functional features, should not be forgotten. They add dynamism to the spaces they are in with their material, color, form and ergonomic features. Equipment that facilitates people's lives and provides socialization opportunities completes the spaces by defining them (Bulut and Yeğli, 2008).



Figure 4. Percentages of study areas in terms of opportunities

CONCLUSIONS

As cities move away from nature, they have become monotone living spaces where air, water, visual and noise pollution occur and the quality-of-life decreases. For these reasons, emphasis has been placed on the preservation and development of existing green areas to improve urban environments, as well as on the creation of sustainable green areas in the vicinity of the city. In addition, focus is given to the contribution of green spaces to the social, physical and mental health of the city-dwellers. Among the green areas, especially urban forests are considered as the closest areas to the city where people can escape from their monotone daily life and have a good time by contact with nature. In the city of Trabzon, which is trying to meet its geographically open green space needs by the sea fill, where urbanization is increasing day by day, the urban forests in green areas are studied and 100. Yıl Park, Atatürk Mansion and Boztepe forest areas, heavily used by locals and visitors, were evaluated.

These areas are among the important green areas purification the air and improving the climate of the city of Trabzon. For the city-dwellers, urban forests are the places where they get away

from the busy city life and meet with nature. The results indicate that the recreational needs of users who visit urban forests a few times a month are at an average level. In addition, it is also clearly seen from the results that the users are conscious about the definition and functions of the urban forest.

The 100. Y1l Park ranks first in terms of accessibility, parking facilities, proximity to the center and size, in terms of evaluation as an urban forest. Compared to other areas, its opportunities of barbecue, picnic, playgrounds, being by the sea, sufficient open green grounds for the visitors, restrooms, sitting area, fountain are important factors in evaluating the area as an urban forest. They are the effective factors in being in the first place. Since 100. Y1l Park is also next to the shopping mall, which has a lot of visitors, it serves both domestic and foreign users. It has the potential to be the first urban forest preferred by the users near the city, as it has been an important green area for the city-dwellers from past years to the present. Among the urban forests considered in this study, barbecue is only allowed in the 100. Y1l park and there is the opportunity to reach the sea. For all these reasons, the area is in the first place in the choice of an urban forest. Despite the fact that Atatürk Mansion and Boztepe forest areas have transportation opportunities close to the city center, the lack of parking lots, the absence of seating areas, restrooms and cafes within the area have been determined as the most effective factors in their least preference in the evaluation of these areas as urban forests.

It is very important for the sustainability of these green areas to carry out maintenance that can eliminate the deterioration of the plants in the areas due to drying, aging and being affected by adverse conditions. However, recreational use can be provided to a certain extent in every area, especially for urban residents. The equipment made of natural materials can be used in the forest areas of Atatürk Mansion and Boztepe. It is thought that the user preferences will be increased in these two areas by designs such as sitting and resting places and playgrounds. Due to intensive use in the 100. Y1l Park, the number of equipment may be increased. Necessary maintenance works can be carried out in these areas and they can be presented to the usage of the city-dwellers. With the completion of these works, the preference of the areas selected as urban forests within green areas would be more.

As a result, it should not be forgotten that urban forests, which are planned with ecological design approaches, would be the most preferred resources of urban residents to meet their recreational needs.

AUTHOR CONTRIBUTIONS

Hilal Kahveci: Developed the idea, wrote manuscript and approved final version. **Nilgün Güneroğlu**: Carried out the field work, wrote the manuscript and approved the final version.

FUNDING STATEMENT

This research received no external funding.

CONFLICT OF INTEREST STATEMENT

The authors declare no conflict of interest.

ETHICS COMMITTEE APPROVAL

This study does not require any ethics committee approval.

REFERENCES

- Acar, C., Kahveci, H., Palabaş Uzun, S., (2014). The analysis and assessment of the vegetation on coastal revetments: the case of Trabzon (Turkey). *Rend. Fis. Acc. Lincei*, 25:141– 153
- Anşin, R., (1980). Doğu Karadeniz Bölgesi florası ve asal vejetasyon tiplerinin floristik içerikleri. Karadeniz Teknik Üniversitesi Orman Fakültesi Doçentlik Tezi, Trabzon.
- Bulut, Y., & Yeğli, P., (2008). Erzurum kent merkezi donatı elemanlarının ergonomik özelliklerinin değerlendirilmesi üzerine bir araştırma. *Journal of Agricultural Sciences*, 14(02).
- Cengiz, B., & Ertem Mutlu, B., (2017). Uzman perspektifinden bolu kent ormanı'nın çok fonksiyonlu kullanım özelliklerinin değerlendirilmesi üzerine bir araştırma. *Iğdır Üni. Fen Bilimleri Enst. Der.* 7(4): 213-222.
- Clark, J. R., Matheny, N. P., Cross, G., Wake, V., (1997). A model of urban forest sustainability, *Journal of Arboriculture* 23(1):17-30
- Cohen, P., Potchter, O., Matzarakis, A., (2012). Daily and seasonal climatic conditions of green urban open spaces in the Mediterranean climate and their impact on human comfort, Building and Environment 51:285-295
- Çay, R. D., Aşılıoğlu, F., & Dereli, C. K., (2020). Edirne kent ormanının rekreasyon değerinin seyahat maliyeti yöntemi ile belirlenmesi. Akademia Doğa ve İnsan Bilimleri Dergisi, 6(1), 93-106.
- Çelik, F., (2018). Kentsel açık-yeşil alanlarda güvenlik. İdealkent, 9(23), 58-94.
- Dikhan, M., Güneroğlu, N., Güneroğlu, A., & Karslı, F. (2017). The need for ecosystem-based coastal planning in Trabzon city. *International Journal of Environment and Geoinformatics*, 4(3), 193-205.
- Dihkan, M., Karsli, F., Güneroğlu, N., & Güneroğlu, A., (2018). Evaluation of urban heat island effect in Turkey. *Arabian Journal of Geosciences*, 11(8), 1-20.
- Dirik, H., Ata, C., (2005). Kent ormancılığının kapsamı, yararları, planlanması ve teknik esasları, İstanbul Üniversitesi Orman Fakültesi Dergisi Seri B, 55 (1):1-14
- Dwyer, F. J., McPherson, E. G., Schroeder, H. W., Rowntree, R. A., (1992). Assessing the benefits and costs of the urban forest. *Journal of Arboriculture* 18(5): 227-234
- Eroğlu, E., Akıncı Kesim, G., Müderrisoğlu, H. (2005). Düzce kenti açık ve yeşil alanlarındaki bitkilerin tespiti ve bazı bitkisel tasarım ilkeleri yönünden değerlendirilmesi. *Tarım Bilimleri Dergisi*, 11 (3) 270-277.
- Ekren, E. (2021). Planning Sustainable Cities: A Green Infrastructure-Based Approach. Şebnem Ertaş Beşir, M. Bihter Bingül Bulut and İrem Bekar (Eds.). Architectural Sciences and Sustainability. 2021, Volume:2, 1-28. ISBN: 978-625-8061-43-7. Iksad Publications.

- Ekren, E., Çorbacı, Ö.L. (2022). Kahramanmaraş kentsel açık yeşil alanlarında kullanılan bitki materyalinin değerlendirilmesi. Düzce Üniversitesi Orman Fakültesi Ormancılık Dergisi, 18(1), 25-50.
- Esringü, A., Toy, S., Çağlak, S., (2021). Sağlıklı kentlerde ekosistem hizmetlerinin önemi, İklim ve Sağlık Dergisi, 1(2):72-77.
- Gerstenberg, T., Baumeister, C. F., Schraml, U., & Plieninger, T., (2020). Hot routes in urban forests: The impact of multiple landscape features on recreational use intensity. *Landscape and Urban Planning*, 203, 103888.
- Görcelioğlu, E., (1999). Kent ormanları ve iklim degişmesi, İÜ Orman Fakültesi Dergisi Seri B, Cilt 49, Sayı 1-2-3-4.
- Güneroğlu, N., Acar, C., Dikhan, M., Karsli, F., & Güneroğlu, A., (2013). Green corridors and fragmentation in South Eastern Black Sea coastal landscape. *Ocean & coastal management*, 83, 67-74.
- Güneroğlu, N., & Pulatkan, M., (2021). Bölüm VI Yeşil Altyapı Sistemlerinin Gelişiminde Kentsel Dönüşümün Yeri; Trabzon Kent Örneği. *Doğu Karadeniz Yapılı Çevre Tartışmaları*, 113-133.
- Hamada, S., Ohta, T., (2010). Seasonal variations in the cooling effect of urban green areas on surrounding urban areas, *Urban Forestry & Urban Greening* 9:15-24
- İnanç, S. (2019). Artvin Kent Ormanı ve halkın beklentileri. *Türk Biyoçeşitlilik Dergisi*, 2(2), 57-61.
- Jaganmohan, M., Knapp, S., Buchmann, C. M., & Schwarz, N., (2016). The bigger, the better? The influence of urban green space design on cooling effects for residential areas. *Journal of environmental quality*, 45(1), 134-145.
- Kalıpsız, A., (1981). İstatistik yöntemler, İÜ Orman Fakültesi, Yayın No: 2837, OF Yayın No:294, İstanbul.
- Karaşah, B. (2017). Kentsel ve kırsal rekreasyon alanlarına yönelik kullanıcı tercihlerinin belirlenmesi 'Artvin Kenti Örneği. Bartın Orman Fakültesi Dergisi, 19(1):58-69.
- Karaşah, B., (2020). Kentsel yeşil altyapıların önemli bir bileşeni olan kent ormanlarının sağladığı ekosistem servisleri "kafkasör kent ormanı örneği". *Journal of Anatolian Environmental and Animal Sciences* 5(4):668-675
- Kiper, T. ve Öztürk, A. G., (2011). Kent ormanlarının rekreasyonel kullanımı ve yerel halkın farkındalığı: edirne kent (izzet arseven) ormanı örneği, *Tekirdağ Ziraat Fakültesi Dergisi*, 8(2).
- Kurdoğlu, O., & Düzgüneş, E. (2011). Artvin kent ormanının rekreasyon olanakları ve kullanıcı tercihlerinin irdelenmesi. *Artvin Çoruh Üniversitesi Orman Fakültesi Dergisi*, 12(2), 199.
- Li, Q., (2010). Effect of forest bathing trips on human immune function. *Environmental health and preventive medicine*, 15(1), 9-17.
- Mao, G. X., Lan, X. G., Cao, Y. B., Chen, Z. M., He, Z. H., Lv, Y. D., Wang, Y. Z., Hu, X. L., Wang, G. F. & Yan, J., (2012). Effects of short-term forest bathing on human health in a broad-leaved evergreen forest in Zhejiang Province, China. *Biomedical and Environmental Sciences*, 25(3), 317-324.
- Ortaçeşme, V., Yıldırım, E., Manavoğlu, E., (2005). Antalya Yöresinin İnşaat Mühendisliği Sorunları Kongresi, Antalya, Türkiye, 1- 04 Eylül 2005, cilt.2, 539-549.
- Öztürk, E., & Elmalı Şen, D., (2021). Hızla yapılaşan trabzon kenti için yeşil odaklı planlama örneği: KTÜ Kanuni Kampüsü. *Bartın Orman Fakültesi Dergisi*, 23(1), 59-72.
- Park, K. H., (2022). Analysis of urban forest healing program expected values, needs, and preferred components in urban forest visitors with diseases: a pilot survey. *International Journal of Environmental Research and Public Health*, 19(1), 513.

- Sağlam, S., Özkan, U. Y., (2011). Kent orman kavramı ve planlama örnekleri, I. Ulusal Akdeniz Orman ve Çevre Sempozyumu, 26-28 Ekim 2011, Kahramanmaraş
- Sarı, D., (2021). Kent parklarında kullanılan bazı odunsu süs bitkilerinin polinasyon değerleri bakımından irdelenmesi. *Turkish Journal of Forest Science*, 5(2), 562-577.
- Singh, V. S., Pandey, D. N., Chaudhry, P., (2010). Urban forests and open green spaces: Lessons For Jaipur, Rajasthan, India. *RSPCB Occasional* Paper No. 1, India.
- Tabassum, S., Ossola, A., Manea, A., Cinantya, A., Fernandez Winzer, L., Leishman, M. R., (2020). Using ecological knowledge for landscaping with plants in cities. *Ecological Engineering* 158:106049.
- Tolunay A., Korkmaz M., Alkan H., (2004), Kent ormanlarında rekreasyonel etkinlikler açısından ziyaretçi profilinin belirlenmesi (gölcük tabiat parkı örneği), *I. Kent Ormancılığı Kongresi*, Türkiye Ormancılar Derneği, 9-11 Nisan 2004, s. 137-149, Ankara.
- Tomićević-Dubljević, J., Živojinović, I., & Tijanić, A., (2017). Urban forests and the needs of visitors: a case study of Košutnjak Park Forest, Serbia. *Environmental Engineering and Management Journal*, 16(10), 2325-2335.
- Turna, İ., (2017). Kent ormancılığı (kentsel yeşil alanlar). Karadeniz Teknik Üniversitesi Orman Fakültesi, Genel Yayın No:245, Fakülte Yayın No:43, Trabzon.
- Turna, İ., Sevimli, T., & Yıldırım, N., (2021). Kentsel yeşil alanların peyzaj ve eko-silvikültürel yönden incelenmesi: Trabzon örneği. *Gümüşhane Üniversitesi Fen Bilimleri Enstitüsü Dergisi*, 11(2), 394-404.
- Tülek, B., Mirici, M. E., (2019). Kentsel sistemlerde yeşil altyapı ve ekosistem hizmetleri, *PEYZAJ-Eğitim, Bilim, Kültür ve Sanat Dergisi* 2 : 1-11
- Uslu, Ş., Ayaşlıgil, T., (2007). Kent Ormanlarinin Rekreasyonel Amaçli Kullanimi ve İstanbul İli Örneğinde İrdelenmesi, *Megaron*, 2(4)
- Uzun, S, & Müderrisoğlu, H., (2007). Kiırsal ve kentsel alanlardaki parklarda kullanıcı memnuniyeti; gölcük orman ıçi dinlenme alanı ve ınönü parki örneği. *Düzce Üniversitesi Orman Fakültesi Ormancılık Dergisi*, 3(2), 84-101.
- Yılmaz, S., Bulut Z. ve Yeşil P., (2006). Kent ormanlarının kentsel mekana sağladığı faydalar, Atatürk Üniversitesi Ziraat Fakültesi Dergisi, 37 (1), 131-136.
- Yılmaz, H., Karaşah, B., & Erdoğan Yüksel, E., (2009). Gülez yöntemine göre Kafkasör Kent ormanının rekreasyonel potansiyelinin değerlendirilmesi. Artvin Çoruh Üniversitesi Orman Fakültesi Dergisi, 10(1), 53-61.
- Zhou, C., Yan, L., Yu, L., Wei, H., Guan, H., Shang, C., Chen, F. & Bao, J., (2019). Effect of short-term forest bathing in urban parks on perceived anxiety of young-adults: A pilot study in Guiyang, Southwest China. *Chinese Geographical Science*, 29(1), 139-150.